



## **SEXUAL EDUCATION**

### **YOUNGER CHILDREN**

Where Did I Come From? Peter Mayle, Kensington Publishing.

Did the Sun Shine Before You Were Born? Sol Gordon, Judith Gordon and Vivien Cohen.

The Wonderful Story of How You Were Born. Sidonie Gruenberg. Abe Books.

### **OLDER CHILDREN (9-12)**

Let's Talk About Sex! Questions Kids Ask About Sex- Honest Answers for Every Age,

J. Thomas Filch, M.D., Revell- A Division of Baker Publishing Group.

Let's Talk About Sex, A Read and Discussion Guide for Kids Age 9-12 and Their Parents, Sam Gitchel and Lori Foster. Planned Parenthood of California.

The Care and Keeping of You: The Body Book for Younger Girls, Valerie Schaefer and Josee Masse.

### **ADOLESCENCE (13-18)**

American Academy of Pediatrics Caring for Your Adolescent, Donald E. Greydanus, M.D., Bantam Books.

The Care and Keeping Of You – Body Book for Girls, Valorie Lee Schaefer, American Girl Library – Pleasant Company Publishers. For ages 9 and above.

Growing Up, It's a Girl Thing! Mavis Jukes Knopf.

Ready Set Grow, Age 8 and up. Lynda Madras Newmarket Press.

The What's Happening to my Body Book for Girls, Lynda Madaras. Newmarket Press.

Girls Life, Head to toe Guide to You, Sarah Wassner Flynn ed. Scholastic, Inc.

101 Ways to Help your Daughter Love Her Body, Brenda Layne Richardson and Elane Rehr. Harper Collins Publishing.

Don't Stop Loving Me, Dr. Ann Caron, Harper Collins Publishing.

On Your Mark, Get Set, Grow! A What's Happening Book for Younger Boys, Lynda Madaras. Newmarket Press.

The Boys Book: Everything you Need to Know for Growing up You, Kelli Dunham, Applesauce Press.

American Medical Association, Boys Guide to Becoming a Teen, Josey-Bass.

Teenage Boys- Shaping the Man Inside, Bill Beausay. Waterbrook Press.

The Care and Keeping of You: The Body Book for Younger Girls, Valerie Schaefer and Josee Masse.

### **WEBSITES**

[www.healthychildren.org](http://www.healthychildren.org)