

4171 Westport Road Louisville, KY 40207 Office: 502-896-8868 Fax: 502-895-6278 6112 Crestwood Station Crestwood, KY 4001 Office: 502-896-8868

## **CONGRATULATIONS ON THE BIRTH OF YOUR BABY!**

We would like to take this opportunity to thank you for choosing East Louisville Pediatrics as your baby's healthcare provider. We will work closely with you to help facilitate the best possible start to a healthy life for your baby and help your parenting experience be a satisfying one. We would like you to have the following information about our practice and your discharge from the hospital:

# **Our Doctors and Nurse Practitioners**

ROBERT A. BELZA, M.D., F.A.A.P. STEPHANIE LYNCH, M.D., F.A.A.P. JESSICA HOLLOMAN, M.D., F.A.A.P. MICHAEL BRICKEN, M.D., F.A.A.P. NINA LEIGH, APRN MARKUS LANEY, M.D., F.A.A.P. KARA SAMMONS, M.D., F.A.A.P. LACY OCHS, M.D., F.A.A.P. LINDSAY GAMBLE, M.D., F.A.A.P. KELLY HIBBS, APRN

Kayla West, RN Practice Administrator

#### OFFICE HOURS

Monday through Friday 8:00 am – 12:00 pm & 1:00 pm – 5:00 pm Saturday (Westport Road Office) 8:30 am – 12:00 pm For Shots Only: Call 24 hours in advance to schedule.

One of our doctors is always On Call for emergencies or triage questions. Call 502-896-8868 to speak with our after-hours.

OFFICE ADDRESS & PHONE NUMBER Louisville Office: 4171 Westport Rd, Louisville, KY 40207 Crestwood Office: 6112 Crestwood Station, Crestwood, KY 40014 Office Phone: 502-896-8868 Fax: 502-895-6278 Billing Line: 502-916-3663

Visit our website at <u>www.eastlouisvillepediatrics.com</u> for more information. Like us on Facebook/Instagram.

### **OFFICE VISITS**

Our office staff will call you before you are discharged from the hospital when born at Norton Women's & Children's Hospital or Baptist East Hospital. If your infant is born at another hospital, please call our office when you are discharged to schedule your infants' Newborn Visit with one of our providers. Following this appointment your baby's next regular check-up will be at 1 month of age.

#### LAB TESTS

- 1. Newborn Screening is performed on all babies after they are 24 hours old. We will review the results of these tests on your baby's one month visit. If any of these results are abnormal, you will be notified.
- 2. Jaundice: If your baby is jaundiced on the day of discharge, you might be asked to return to the outpatient lab at the hospital for follow-up lab test.

#### SAFE RIDE HOME/TRANSITION HOME

Be sure your infant's seat is installed properly, and your infant is safely secured for the first ride home. All other passengers should also be properly restrained. Your first few days and nights will be a time of adjustment for you and your baby. Try to take it easy, limit visitors, and exhausting activities. Settle into your life with your baby as calmly and confidently as possible. Babies are wonderful people! They need you to fall in love with them and learn how to recognize their cries for food, warmth, and comfort. As the days pass, you will grow in your ability to recognize and meet their needs. We are available to answer any questions you may have!

# Helpful Hint (for the hospital and beyond): As questions arise, take a moment to jot them down! Then, you don't have to remember them all at once!